

# Newsletter December 2022

# **CHILD & FAMILY SHARING CIRCLE**

A Child & Family Sharing Circle was held in Quesnel with SDNA's 3 communities (Lhtako Dené Nation, Lhoosk'uz Dené Nation and Nazko First Nation) and urban community members of Quesnel. There were 32 people who participated including Loretta Williams, Valerie Setah, Annette Loe, and Doron Pollachek from SDNA and Corina Clement from CCTC. There were 5 Zoom participants. A mobile support team (Jade Bye, RN and Steph Stent, 4th year nursing student) offered their services. They helped set up and were there to be a support to the members that attended (huge shout out to them)! Annette Loe was not able to attend in person, but was able to join the circle via Zoom.

We started with an opening prayer by Doreen Patrick (Nazko Elder); round table introductions and favorite winter time memory; introductions of the SDNA's Health & Wellness Team; and last but not least Annette Loe gave her presentation for the Child & Family Service Planning. We had an amazing lunch of soup and biscuits, where we got to visit and catch up with everyone. Just before we ended lunch SDNA gave everyone food baskets. We closed our sharing circle with a prayer by Emily Cupples (Lhoosk'uz Dené Elder).

This was a good start for building the Child & Family Project planning and looking forward to learning, hearing and speaking from our members in our future meetings in the new year!

By Corina Clement (Traditional Wellness Coordinator/CCTC) & Valerie Setah (Liaison/SDNA)



Photo credit: Corina Clement



# **SDNA's YEAR IN REVIEW 2022**





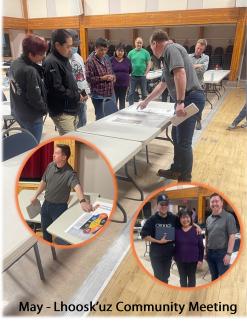
























August—Salmon Preservation





### **SDNA STAFF CORNER**

This month we would like to introduce to you Chris Cardamone.

Chris is the Human Resources Coordinator for SDNA. He holds a degree in Labour Studies from Brock University and has a post grad certificate in Human Resource Management from Niagara College.

Chris moved to Williams Lake from Niagara Falls, Ontario in May of 2021. Chris really enjoys helping and working with First Nations communities and held a similar role while living in Whitehorse, Yukon. In his free time Chris really enjoys connecting with nature, being outside, and exploring the Cariboo and surrounding areas. He is also a sports fanatic who enjoys hockey, football and playing golf.



In his role as the Human Resource Coordinator, Chris is responsible for the Human engagement aspect of SDNA. He deals with day-to-day employee related issues or concerns, focuses on ways to develop and grow the organizations pipeline with recruitment and retention strategies, as well as ad hoc HR projects as requested

You can reach Chris at 250-398-3375 Ext 302 or via email at hr@dakelh.ca

# **HAPPY HOLIDAYS**



Dakelh translation by Doreen Patrick, Nazko First Nation